

	Monday	Tuesday	Wednesday	Thursday	Friday
Nov 3	Cereal		Yogurt	Cereal	Cereal
	Milk		Milk	Milk	Milk
	Fruit		Berries	Apples	Banana
	Bagels	Center	Chicken Soup	Mac & Cheese	Sunbutter
	Cream Cheese	Closed	Rice	Peas	Whole Wheat
	Fruit Salad		Veggies	Peppers	Banana
	Apple/Milk		Banana/Milk	Yogurt/Fruit	Chef's Choice
Nov 10	Cereal	Yogurt	Cereal	Yogurt	Cereal
	Milk	Milk	Milk	Milk	Milk
	Oranges	Pears	Banana	Berries	Pears
	Turkey	Meatballs	Pizza	Chicken soup	Pasta
	Rye Bread	Rice	Pineapple	Rice	Peas
	Melon	Cucumbers	Broccoli	w/veggies	Fruit Salad
				Oranges	
	Sun Butter Sand	Crackers & Cheese	Hummus/Pita	Bananas & Milk	Corn Bread/Milk
Nov 17	Yogurt	Cereal	Cereal	Yogurt	Cereal
	Milk	Milk	Milk	Milk	Milk
	Berries	Pears	Berries	Banana	Pineapple
	Cheese Rollup	Chicken	Bean Burritos	Pasta w/	Baked Tofu
	Cauliflower	Rice	Corn	Meatsauce	Rice
	Apples	Carrots	Melon	Apples	Broccoli
				Peas	
	Rice Cakes & Milk	Bagels/Milk	Yogurt/fruit	Overnight oats	Chef's Choice
Nov 24	Cereal	Cereal	Cereal		
	Milk	Milk	Milk	Thanksgiving	Break
	Oranges	Pineapple	berries	Center	Closed
	Sun Butter	Friends Giving	Pizza		
	Sandwich	Luncheon	Fruit Salad		
	Carrots	Chicken Soup	Pepper		
		W/Rice & Veggies			
	Yogurt & Fruit	Cheese/Cracker	Chef's Choice		