



November 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Oct 30	Cereal Milk Fruit	Cereal Milk Banana	Yogurt Milk Berries	Cereal Milk Apples	Cereal Milk Banana
	Bagels Cream cheese Oranges Melon	Pizza Party Clementines Cucumber/ Tomato	Turkey Whole wheat Carrot sticks Pears	Mac & Cheese Peas Pineapple	Baked Chicken Sweet Potato Rice cake Apples
	Pretzel goldfish	Halloween snack	Graham cracker/Milk	Yogurt/fruit	Cheese/crackers
Nov 6	Cereal Milk Oranges	Yogurt Milk Pears	Cereal Milk Banana	Cereal Milk Berries	Cereal Milk Pears
	Turkey/Cheese Rye Bread Apples Melon	Meatballs French Fries Cucumbers Apples	Pizza Pineapple Broccoli	Udon Noodles Chicken Soup Broccoli Oranges	Pasta Peas Fruit Salad
	Graham Crackers	Crackers & Cheese	Hummus/Pita	Bananas & Milk	Nurtrigrain Bar
Nov 13	Yogurt Milk Oranges	Cereal Milk Pears	Cereal Milk Berries	Cereal Milk Banana	Cereal Milk Pineapple
	Cheese Rollup Cauliflower Apples	Chicken Rice Carrots Oranges	Pizza Peppers Melon	Pasta w/ Meatsauce Apples Carrots	Baked Tofu Broccoli Fruit Salad
	Rice Cakes & Milk	Graham Cracker	Yogurt/Granola	Cheese & Crackers	Nutbutter Sandwich
Nov 20	Cereal Milk Oranges	Cereal Milk Pineapple	Cereal Milk berries	Thanksgiving Center	Break Closed
	Sun-Nut Butter Sandwich Carrots Apples	Friends Giving	Pizza Party		
	Yogurt/Oats	Cheese/Cracker	Pumpkin Bread		
Nov. 27	Cereal Milk Oranges	Cereal Milk Berries	Yogurt Milk Pineapple		
	Chef's Choice	Chicken Roll-Up Zucchini Sticks Pears	Waffles Boiled Eggs Applesauce Berries		
	Rice Cakes & Milk	Yogurt	Bananna Muffin		