



## January 2024

*Milk served with breakfast and lunch daily*

	Monday	Tuesday	Wednesday	Thursday	Friday
Jan 1	<b>CENTERS CLOSED</b> <i>New Year's Day (Observed)</i>	Cereal Milk Fruit	Yogurt Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit
		Bagels Cream Cheese Oranges Apples	Turkey Soup Udon Noodles Carrots Oranges	Egg Salad Whole Wheat Celery Sticks Pears	Pizza Cucumber Pineapple
		Rice Cakes & milk	Hummus & Pita	Yogurt & berries	Graham Crackers
Jan 8	Cereal Milk Fruit	Yogurt Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit
	Meat Balls Tater Tots Carrots Apples	Nut butter w/w bread Bananas Berries	White Beans Tomato Sauce Morarella Cheese Melon	Chicken Soup w/ Rice Carrots Pears	Baked Tofu Broccoli Rice Pineapple
	Fruit bar & Milk	Apples & Cheese	Trail mix & Milk	Egg Salad/Crackers	Rice Cakes & Milk'
Jan 15	<b>CENTERS CLOSED</b> <i>Dr. Martin Luther King, Jr. Day</i>	Cereal Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit
		Chicken Broccoli Berries Rice	Chili Corn Bread Fruit Salad peas	Bean Burritos Cheese Corn Red Peppers	Nut Butter w/w bread Mixed Veggies Pineapple
		Rice Cakes & yogurt	Bananas & milk	Fruit bars & Milk	Muffin & Milk
Jan 22	Cereal Milk Fruit	Cereal Milk Fruit	Yogurt Milk Fruit	Cereal Milk Fruit	Cereal Milk Fruit
	Chicken Nuggets AppleSauce Carrots	Mac & Cheese Peas Apples	Black Beans Rice Corn Oranges	Boiled Eggs Waffles Applesauce Berries	Pasta Meat Sauce Green Beans Fruit Salad
	Pretzels & Milk	Rice Cakes & Jelly	Nutbutter Sandwich	Yogurt & Rice krispy	Chef's Choice
Jan 29	Cereal Milk Fruit	Yogurt Milk Fruit	Cereal Milk Fruit		
	Pasta Tomato cream sauce Broccoli Apples	Sunnut butter Whole Wheat Bananas Celery	Tomato soup Cheese sandwich Carrots Berries		
	Cheese & Crackers	Rice Cake & Milk	Graham crackers		